






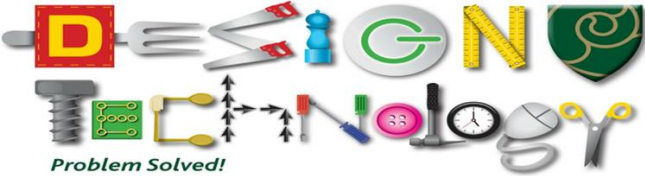




Knowledge Organiser for Year 5 Celebrating culture and seasonality (D.T.)

Key idea: Understand about seasonality in relation to food products and the source of different food products.

Tier 3 vocabulary	<p>Knowledge Item 1</p> <p><u>The main food groups:</u> Fruit and vegetables Bread, rice, potatoes, pasta and other starchy foods Milk and dairy foods Meat, fish, eggs, beans and other non-dairy sources of protein Foods and drinks high in fat and/or sugar</p>			
Rubbing in – rubbing the dry ingredients together with the fat, lifting to put air into the mixture, so that it resembles fine breadcrumbs.				
Knead – pulling and squeezing dough to make it smooth.				
Dough – a mixture of flour, yeast and water before it is cooked.				
Yeast – a tiny plant which makes bubbles of carbon dioxide when mixed with flour and warm water.				
Unleavened bread – flat bread where yeast has not been added.				
Tier 2 vocabulary	<p>Knowledge Item 2</p> <p>There are different nutrients that are important for health.</p>			
Finishing – related to the appearance of the product – shape, decoration and colour.				
Processed food - any food that has been changed, altered, in some way during preparation, e.g. frozen, canned, baked, dried. Examples include breakfast cereal, cheese, tinned vegetables, bread, crisps, pies, bacon, sausage, cakes and biscuits				
Allergy - unusual sensitivity to the food, pollens, insect bites etc.	<p>Knowledge Item 3</p> <p>Different food and drink contain different substances and are produced in different ways.</p>			
Key people				
<table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"></td> <td style="text-align: center;">Heston Blumenthal</td> </tr> <tr> <td style="text-align: center;"></td> <td style="text-align: center;">Nigella Lawson</td> </tr> </table>			Heston Blumenthal	
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Eatwell plate	<p>Knowledge Item 4</p> <p>Food is processed into ingredients that can be eaten or used in cooking.</p>			
				
	<p>Knowledge Item 5</p> <p>To prevent (stop) illness, hands, surfaces and utensils should be clean.</p> <div style="text-align: center;">  <p><i>Problem Solved!</i></p> </div>			