

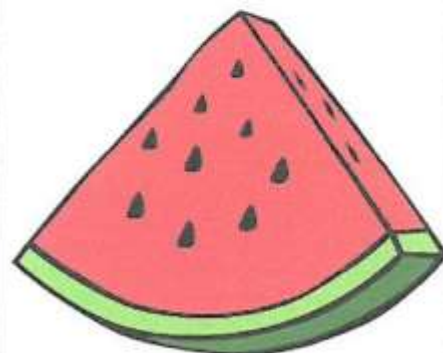
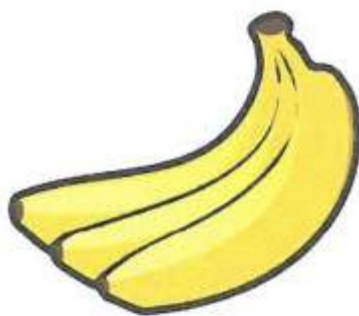
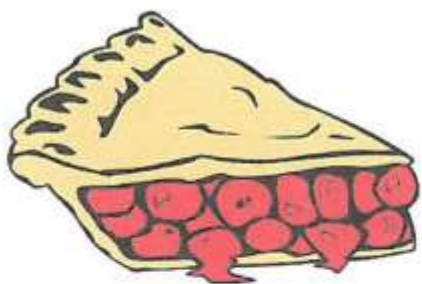
Ideas to help auditory memory at home

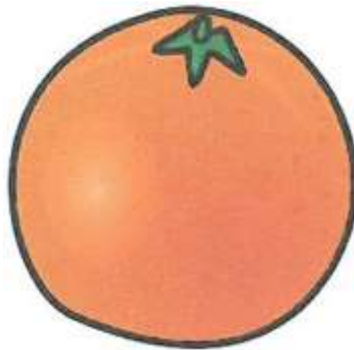
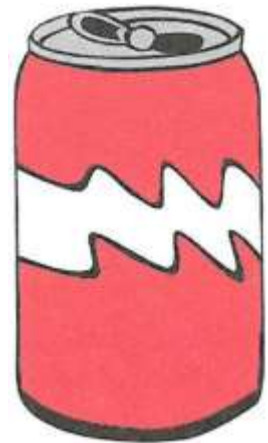
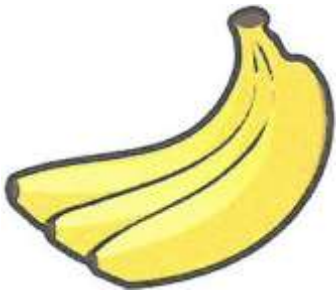
- o When playing games or doing activities such as baking or crafts which involve lots of instructions, try to **reduce distractions** which makes it more difficult for the child to concentrate e.g. turn off the TV and radio, sit them with their back to the window.
- o Think 'steady' - **reduce the speed** of your talking to give the child more time to process what you are saying.
- o After you have asked a question, **count to 5** to give them time to take in what has been said and think of their response (this feels like a long time for the person waiting, but is needed for the child to process what you have said and put together a response). Try not to interrupt the child while they are thinking.
- o Make sure you have the child's attention before giving them an instruction. Say their **name first** (e.g. James (wait for him to look at you) ... can you ...
 - o Reduce the number of words you use in instructions and emphasise the **key words** (e.g. say "James, get the cups and plates rather than 'can you do me a favour and get the cups and plates out of the cup-board please?" **Encourage the child to repeat back the key words (underlined) to you before going off to follow the instruction.**

Picnic Memory Game

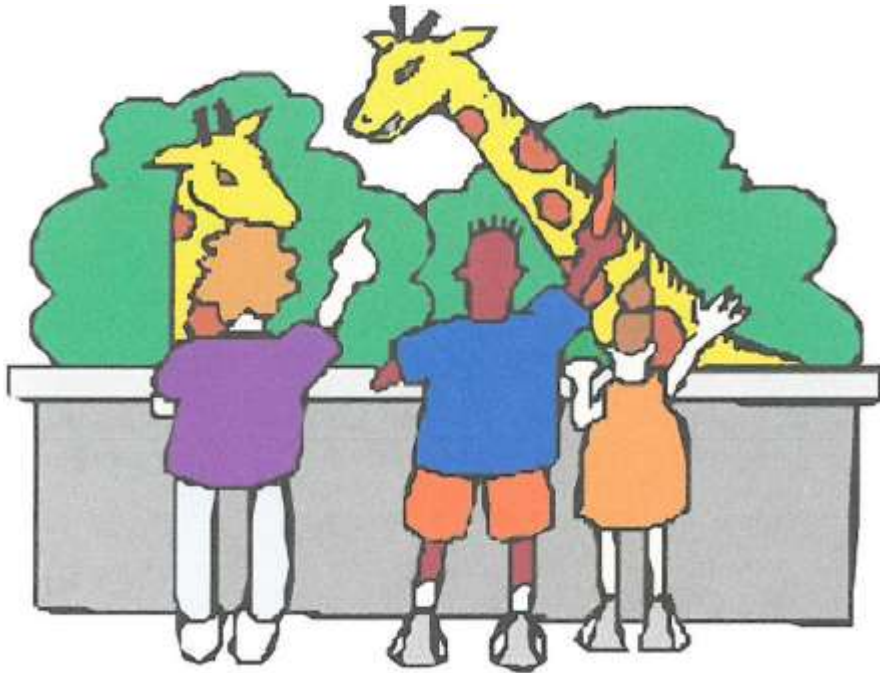


Cut out the food pictures. Place them face down on the table. Choose a food item and say "I went on a picnic and I took a ". Then the child picks a picture and says "I went on a picnic and took a and a " Take it in turns to pick up the items and add them to the picnic list. Continue until all the items are used or the list has become too long to remember.

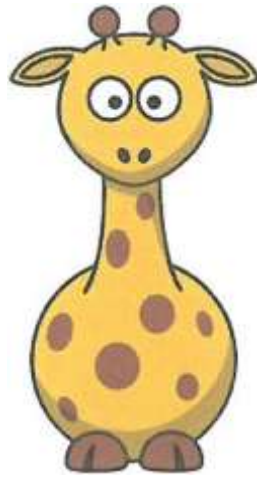


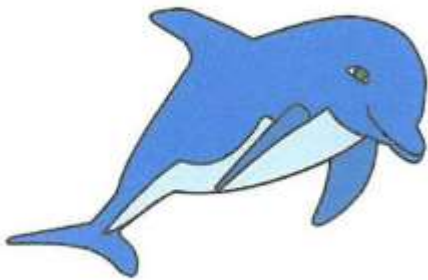


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Can you

Ask the child to complete the following directions.

One part

- Clap your hands.
- Touch your nose.
- Hop
- Turn around
- Sit down



Two part

- Touch your foot then sit down
- Stand up then turn round
- Wave your hands then touch the ground
- Shake your head then touch your nose
- Touch your knee then your elbow

Three part

- Rub your arm, hop then close your eyes
- Point to the door, the chair then the table
- Open your mouth, turn around and wave your hands
- Stand up, point to your ear then rub your tummy
- Clap your hands, stamp your feet and touch your eyebrow



Four part

- Clap your hands, click your fingers, point to the ceiling and show me your teeth
- Nod your head, point to your wrist, show me your pinkie and stand up
- Stand up, sit down, turn your head to the left, wink your eye
- Stamp your feet, clap your hands, close your eyes and point to your teeth
- Open your mouth, point to your nose, lift your hand up and hop