



The
Coombes
CE Primary School

Personal, Social and Health Education

Date of this policy	January 2021
Date for review	January 2024

The Coombes Church of England Primary School

School Vision

A love of learning grows here

(A farmer went out to sow his seed. Mark 4: 3-8)

The Coombes vision is about growing. Here we grow to

Love learning

Be the best we can

Respect and care for each other

Serve our community

Look after our environment

This School has a Christian foundation and our vision and values are based on this. We seek to achieve academic excellence and provide the good conditions described by Jesus Christ in the parable of the sower where each child can grow and thrive. We aim to see each child grow in character, confidence and understanding, grow in appreciation of who they are and acquire the skills needed to succeed in a changing world.

School Vision <i>Here we grow to</i>	PSHE
<i>Love learning</i>	To equip children with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives.
<i>Be the best we can</i>	To support them in making effective transitions, positive learning and career choices, and in achieving economic wellbeing.
<i>Respect and care for each other</i>	To provide opportunities for them to reflect on and clarify their own values and attitudes.
<i>Serve our community</i>	To provide opportunities to reflect on how they view others by exploring complex and sometimes conflicting values and attitudes within our community.
<i>Look after our environment</i>	To support them in making effective transitions, positive learning and career choices, and in achieving economic wellbeing whilst minimising the impact of these choices on the environment

POLICY FOR PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE)

(1) Aims

The aim of this policy is to show how the school, through our provision for Personal, Social and Health education (PSHE) will give our pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives.

(2) Introduction

PSHE helps pupils to understand how they are developing personally and socially and tackles many of the moral, social and cultural issues that are part of growing up. It aims to encourage in children the ability to make informed judgements about their decisions and accept responsibilities for their actions.

It offers learning opportunities across and beyond the curriculum, in specific lessons as well as in assemblies, circle time, special school projects and other activities that enrich pupils' experiences. It also covers Citizenship, Sex and Relationship education, Healthy lifestyles, Financial responsibility and education about drugs, alcohol and tobacco.

Consequently, the school aims to:

- Involve pupils in the decision making process of the school through lessons and School Councils
- To involve, where possible, all adults and, where appropriate children, in the decision making process
- To develop tolerance and respect
- To encourage an appreciation of the importance of a healthy lifestyle
- To develop the skills required to make informed choices
- To develop self-esteem
- To develop a sense of responsibility to themselves, the school and the wider community
- To develop an appreciation of different cultural traditions
- To understand and appreciate diversity both locally and globally
- To understand that both as children and adults that they have both rights and responsibilities
- To develop the participation of pupils in play and lunch times through a variety of strategies, e.g. 'Playground Red Caps' scheme.

(3) Key points

(i) Organisation

PSHE will be taught both directly and through other subjects when appropriate – for example, some aspects of the Religious Education curriculum will have a strong and obvious link to PSHE themes.

For direct teaching of PSHE the school has based its curriculum on the PSHE Association scheme of work. The scheme covers all aspects of PSHE, with each year group having a folder of lesson plans and activities for the entire year. Having one integrated and coherent scheme helps us to ensure that all PSHE topics are fully covered in an appropriate fashion for the age and stage of each year group.

(ii) Sensitive/Controversial Issues

The school recognises that by its very nature there may be instances where controversial and sensitive issues are raised. In order for lessons to take place effectively, teachers and other staff may need to overcome their own anxieties and embarrassment. There are a number of strategies that can help-

- Establishing ground rules
- Using distancing techniques
- Knowing how to deal with unexpected questions and comments from pupils
- Using discussion and appropriate materials
- Encouraging reflection

(iii) Effective Teaching

The school recognises that effective teaching in PSHE has the following characteristics:

- It starts with the child and the knowledge that the child already has
- Effective teaching in PSHE can only take place when the children feel confident enough to voice their concerns and experiences through discussion.
- It is open ended. The principle underlying PSHE is that effective learning takes place where the children are fully engaged and valued.
- It allows children to develop confidence, responsibility and to make the most of their abilities
- It encourages children to develop good relationships and respect others

- It encourages children to develop awareness of their rights and responsibilities
- It encourages awareness of healthy lifestyles.
- It encourages children to become active citizens

All children are given equal access to the PSHE curriculum.

(iv) Assessment:

Assessment will be out on an ongoing basis by the class teacher. This can be achieved through written work or discussion with the children.

(v) Monitoring:

This will be carried out by reviewing plans and evaluations, observing teaching and learning, scrutiny of work and discussion with children. The policy will be reviewed every three years.