



Respecting the space



- Our nurture room and is a quiet, calm space where the room, the equipment and others are respected and treated with kindness
- When entering the room, we must consider those using it and knock, be invited in or have a set time. As the room is used by others, our shoes remain on unless in the sensory corner. Eating is to be done outside of the nurture room.
- Thoughts, feelings or discussions that happen in the nurture room belong to the person sharing them and we must consider their right to confidentiality at all times, both inside and outside of the space.
- The nurture room is a place of positivity and purpose, so should be used with permission and in consideration of those who use it.
- The nurture room is to be used to allow a quiet space to focus, those who require a regular workspace can use the learning pods elsewhere in the school.
- Each part of the space has a different benefit:
 - To identify how or what you may be feeling
 - To calm and regulate your body and your emotions
 - To work in a small guided group
 - To talk and receive support
- The nurture room is **part** of the nurture offer at The Coombes- it is not the only place that offers calm and space and can be used in conjunction with support and guidance from all staff and in all parts of our school
- The resources in our room allow people who use it to grow and flourish and must be respected and stay in this space

