

## Autumn 2 half term Activities and Menus for The Sunflower Club

Week 1 -W/C: 03.11.25

**THEME: Guy Fawkes (Bonfire) night**

### Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Inset Day	Chicken & Vegetable fried rice	Spaghetti Bolognaise	Pitta pizza with cheese, ham, peppers	Spaghetti hoops and cheese on toast
	Vegetable fried rice	Spaghetti in tomato sauce	Pitta pizza with cheese & peppers	Spaghetti hoops on toast
	Crackers with ham, cheese or marmite	Bagel with ham, cheese or marmite	Pitta with ham, cheese or marmite	Toast with ham, cheese or marmite
	Homemade flapjacks	Homemade cake—chef's surprise!	Toffee apples	Ice cream

### ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Inset Day	Welcome back!	Chalk Art Fireworks	Slime fright night jars	Meditation time!
	Story time	Guy Fawkes word search	Spooky colouring sheets	Freestyle colouring/paper crafts
	Puzzles	Jigsaws	Dolls	Uno
	Outdoor freeplay	Football	Climbing Frame	Space hoppers



Week 2 - W/C: 10.11.25

**THEME: Remembrance Day**

## Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Beef & vegetable noodles	Chicken Strip burgers	Sausage pasta in tomato sauce	Tuna and Cheese Quesadillas	Cheese and Ham pasta salad
Vegetable noodles	Cheese & tomato in a roll	Pasta in a tomato sauce	Cheese Quesadillas	Cheese pasta salad
Toast with ham, cheese or marmite	Roll with ham, cheese or marmite	Crackers with ham, cheese or marmite	Wrap with ham, cheese or marmite	Toast with ham, cheese or marmite
Homemade beetroot brownies	Jelly & fruit	Homemade Shortbread	Homemade Flapjack	Custard

## ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Black silhouette art	Poppy window art	Poppy Face painting	Finish off for the week - wind down!
Story time	Poppy colouring sheets	Paper Poppy making	Word search	Freestyle colouring/paper crafts
Connect 4	Duplo	Chess	Snap	Blocks
Outdoor freeplay	Parachute	Tennis	Astro Turf	Outdoor freeplay

Week 3 - W/C: 17.11.25

**THEME: Sensory**

## Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Egg & Vegetable fried rice	Cheese and ham pastry	Loaded wedges (cheese and bacon)	Pork/chicken sausage in a roll	Beans and cheese on toast
Vegetable fried rice	Cheese pastry	Cheese wedges		Beans on toast
Toast with ham, cheese or marmite	Bagel with ham, cheese or marmite	Crackers with ham, cheese or marmite	Roll with ham, cheese or marmite	Toast with ham, cheese or marmite
Homemade Apple cake	Banana & custard	Homemade Flapjack	Fresh fruit salad and custard	Frozen yoghurt

## ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Orbeez	Stress ball making	Bubble art	Finish off for the week - wind down!
Story time	Mindful colouring sheets	Word search	Junk modeling	Freestyle colouring/paper crafts
Hungry hippos	Duplo	Chess	Snap	Yoga
Outdoor freeplay	Skipping	Beach ball games	Tennis	Outdoor freeplay

Week 4 - W/C: 24.11.25

**THEME: Crafts for Christmas**

### Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Fishfinger sandwiches	Chicken & Vegetable fried rice	Spaghetti Bolognaise	Pitta pizza with cheese, ham, peppers	Spaghetti hoops and cheese on toast
Cheese & tomato sandwich	Vegetable fried rice	Spaghetti in tomato sauce	Pitta pizza with cheese & peppers	Spaghetti hoops on toast
Toast with ham, cheese or marmite	Crackers with ham, cheese or marmite	Bagel with ham, cheese or marmite	Pitta with ham, cheese or marmite	Toast with ham, cheese or marmite
Banana custard	Homemade Flapjack	Homemade cake—chef's surprise!	Jelly	Ice cream

### ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Decorate wooden tree decorations	Paper Chains	Salt dough decs	Finish off for the week - wind down!
Story time	Christmas word search	Christmas Cards	Christmas colouring sheets	Freestyle colouring/paper crafts
Snakes & Ladders	Top Trumps	Table tennis	Yatzee	Connect 4
Outdoor freeplay	Tennis	Astro turf/climbing frame	Ball games	Outdoor freeplay



Week 5 - W/C: 01.12.25

**THEME: Snow and Ice**

## Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Beef & vegetable noodles	Chicken Strip burgers	Sausage pasta in tomato sauce	Tuna and Cheese Quesadillas	Cheese and Ham pasta salad
Vegetable noodles	Cheese & tomato in a roll	Pasta in a tomato sauce	Cheese Quesadillas	Cheese pasta salad
Toast with ham, cheese or marmite	Roll with ham, cheese or marmite	Crackers with ham, cheese or marmite	Wrap with ham, cheese or marmite	Toast with ham, cheese or marmite
Homemade beetroot brownies	Jelly & fruit	Homemade Shortbread	Homemade Flapjack	Custard

## ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Tuff tray with fake snow	Tuff tray with fake snow & Fruit Ice pop art	Fruit Ice pop art	Finish off for the week - wind down!
Story time	Decorate christmas tree	Snowman papercup indoor bowling	Decorate room	Freestyle colouring/paper crafts
Connect 4	Christmas word search	Top Trumps	Table tennis	Blocks
Towel games and big dice	Snowball game	Tennis	Astro turf/climbing frame	Outdoor freeplay

Week 6 - W/C: 08.12.25

**THEME: Christmas**

## Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Egg & Vegetable fried rice	Cheese and ham pastry	Loaded wedges (cheese and bacon)	Pork/chicken sausage in a roll	Beans and cheese on toast
Vegetable fried rice	Cheese pastry	Cheese wedges		Beans on toast
Toast with ham, cheese or marmite	Bagel with ham, cheese or marmite	Crackers with ham, cheese or marmite	Roll with ham, cheese or marmite	Toast with ham, cheese or marmite
Homemade Apple cake	Banana & custard	Fruit and mallow kebabs	Ice lolly	Frozen yoghurt

## ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Christmas slime	Oasis, foliage center piece	Decorate pine cones, glitter and snow	Finish off for the week - wind down!
Story time	Christmas word search	Christmas Cards	Christmas colouring sheets	Freestyle colouring/paper crafts
Connect 4	Puzzles	Lego	Top Trumps	Blocks
Outdoor freeplay	Outdoor pine cone/foilage scavenger hunt	Skipping	Football	Outdoor freeplay



Week 7 - W/C: 15.12.25

**THEME: Christmas**

## Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Fishfinger sandwiches	Chicken & Vegetable fried rice	Spaghetti Bolognaise	Pitta pizza with cheese, ham, peppers	Early closure 2pm-4.30pm
Cheese & tomato sandwich	Vegetable fried rice	Spaghetti in tomato sauce	Pitta pizza with cheese & peppers	
Toast with ham, cheese or marmite	Crackers with ham, cheese or marmite	Bagel with ham, cheese or marmite	Pitta with ham, cheese or marmite	
Banana custard	Homemade Flapjack	Homemade cake—chef's surprise!	Jelly	

## ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Get ready for the week - Freeplay!	Christmas pom poms	Decorate Christmas biscuits	Tidy up time!	Finish off for the week - wind down!
Story time	Christmas word search	Christmas Cards	Christmas colouring sheets	Freestyle colouring/paper crafts
Snakes & Ladders	Duplo	Chess	Snap	Connect 4
Outdoor freeplay	Parachute	Space hoppers	Climbing Frame	Outdoor freeplay