

SPRING 1 HALF TERM ACTIVITIES AND MENUS FOR THE SUNFLOWER CLUB



Menu W/C: Monday 06/01/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	Loaded wedges (cheese and bacon)	Cheese and ham pastry	Sausage in a bread roll	Beans and cheese on toast
	Loaded wedges (cheese)	Cheese pastry		Beans on toast
	Bagel with ham, cheese or marmite	Crackers with ham, cheese or marmite	Roll with ham, cheese or marmite	Toast with ham, cheese or marmite
	Homemade biscuits—chef's surprise!	Homemade Flapjack	Fresh fruit salad and custard	Frozen yoghurt

Afterschool club ACTIVITIES for W/C 06/01/2025 THEME: New year!

Monday

INSET			
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Tuesday

Calendar making	Barbies and Uno	Knex	Free play
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Wednesday

Calendar making	My littlest pet shop	Trains	Tennis
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Thursday

Calendar making	Knex	Farm and Jenga	Bean bag toss
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Friday

Calendar making	Duplo	Snap and Connect 4	Free play
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Menu W/C: Monday 13/01/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Fishfingers Sandwiches	Chicken & Vegetable fried rice	Spaghetti with meatballs in a tomato sauce	Pitta pizza with cheese, ham, peppers	Spaghetti hoops and cheese on toast
Cheese & Tomato Sandwich	Vegetable fried rice	Spaghetti in tomato sauce	Pitta pizza with cheese & peppers	Spaghetti hoops on toast
Toast with ham, cheese or marmite	Crackers with ham, cheese or marmite	Bagel with ham, cheese or marmite	Pitta with ham, cheese or marmite	Toast with ham, cheese or marmite
Banana Custard	Homemade Flapjack	Homemade cake—chef's surprise!	Jelly	Yoghurt

Afterschool club ACTIVITIES for W/C 13/01/2025 THEME: Weather

Monday

Outside:

Folded paper umbrella craft	Lego and Dolls house	Memory game	Football
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Tuesday

Cotton wool cloud paper plates	Beads and Animals	Fire station	Climbing frame
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Wednesday

Craft continued	Rain/ sun cloud craft	Darts and Shops	Hula hoops
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Thursday

Craft continued	Guess who	Ponies and Scrabble	Skipping ropes
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Friday

Craft continued	Uno and Headbands	Books	Free play
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Menu W/C: Monday 20/01/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Beef chilli and rice	Sausage pasta in tomato sauce	Mini chicken burgers	Tuna and Cheese Quesadillas	Scrambled eggs on toast with cheese
Rice & Vegetables	Pasta in a tomato sauce	Cheese & tomato in a roll	Cheese Quesadillas	Scrambled eggs on toast
Toast with ham, cheese or marmite	Crumpet with ham, cheese or marmite	Roll with ham, cheese or marmite	Wrap with ham, cheese or marmite	Toast with ham, cheese or marmite
Homemade Beetroot brownies	Jelly & fruit	Homemade Shortbread	Homemade Flapjack	Custard

Afterschool club ACTIVITIES for W/C 20/01/2025 THEME: Kindness

Monday

Outside:

Grow with kindness craft	Game of life	Hedgehogs and Busy books	Bean bag toss
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Tuesday

Kindness chatterboxes	Snakes and ladders	Crocodile crunch and Dress up	Hide and seek
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Wednesday

Craft continued	My mouth craft	Bowling and Articulate	Astro
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Thursday

Craft continued	Chess and Puzzles	Table top football	KS1 playground
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Friday

Craft continued	Action figures	Dinosaurs and My littlest pet shop	Bulldog
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Menu W/C: Monday 27/01/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Beef mince and veg noodles	Loaded wedges (cheese and bacon)	Cheese and ham pastry	Pork sausage in a roll	Beans and cheese on toast
Vegetable noodles	Loaded wedges (cheese)	Cheese pastry		Beans on toast
Toast with ham, cheese or marmite	Bagel with ham, cheese or marmite	Crackers with ham, cheese or marmite	Roll with ham, cheese or marmite	Toast with ham, cheese or marmite
Banana sushi	Homemade biscuits—chef's surprise!	Homemade Flapjack	Fresh fruit salad and custard	Frozen yoghurt

Afterschool club ACTIVITIES for W/C 27/01/2025 THEME: Chinese New Year

Monday

Outside:

Face Painting	Barbies and Uno	Knex	Free play
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Tuesday

Dragon Puppet craft	Farm and Ponies	Jenga	Tag
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Wednesday

Craft continued	Rocket making	Top trumps	Collect rocks and twigs
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Thursday

Face Painting	Blocks and Snap	Shop	Wash rocks
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Friday

Craft continued	Connect 4	Cars and Duplo	Tennis
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Menu W/C: Monday 03/02/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Fishfingers Sandwiches	Chicken & Vegetable fried rice	Spaghetti with meatballs in a tomato sauce	Pitta pizza with cheese, ham, peppers	Spaghetti hoops and cheese on toast
Cheese & Tomato Sandwich	Vegetable fried rice	Spaghetti in tomato sauce	Pitta pizza with cheese & peppers	Spaghetti hoops on toast
Toast with ham, cheese or marmite	Crackers with ham, cheese or marmite	Bagel with ham, cheese or marmite	Pitta with ham, cheese or marmite	Toast with ham, cheese or marmite
Banana Custard	Homemade Flapjack	Homemade cake—chef's surprise!	Jelly	Yoghurt

Afterschool club ACTIVITIES for 03/02/2025 THEME: Mindfulness

Monday

Outside:

Rock Painting	Lego and Hedgehogs	Guess who	Astro
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Tuesday

Worry doll making	Scrabble	Headbands and Chess	Climbing frame
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Wednesday

Art Therapy colouring sheets	Book mark making	Memory game and Fire station	Free play
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Thursday

Crafts continued	Animals and Table top games	Dolls house	Hula hoops
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Friday

Crafts continued	Darts and Snakes and ladders	Busy books	Basketball
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Menu W/C: Monday 10/02/2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Beef chilli and rice	Sausage pasta in tomato sauce	Mini chicken burgers	Scrambled eggs on toast with cheese	Inset Day
Rice & Vegetables	Pasta in a tomato sauce	Cheese & tomato in a roll	Scrambled eggs on toast	
Toast with ham, cheese or marmite	Crumpet with ham, cheese or marmite	Roll with ham, cheese or marmite	Toast with ham, cheese or marmite	
Homemade Beetroot brownies	Kids decorate eat biscuits	Homemade Shortbread	Custard	

Afterschool club ACTIVITIES for W/C 10/02/2025 THEME: Valentines Day

Monday

Outside:

Valentine day pompom monsters	Beads and books	Articulate	Skipping ropes
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Tuesday

Biscuit decorating	Crocodile crunch	Bowling and Puzzles	Bat and ball
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Wednesday

Valentine day card making	Paper chain dragon craft	Dress up and Uno	Piggy in the middle
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Thursday

Crafts continued	Top trumps	Connect 4 and Duplo	Free play
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Friday

Inset			
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