

WHOLE SCHOOL OVERVIEW

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Reception	<ul style="list-style-type: none"> Caring for and working with others Everyone's right to learn Making our community a better place 	<ul style="list-style-type: none"> Accepting difference Working with others and solving problems Giving and receiving compliments and kind words 	<ul style="list-style-type: none"> Overcoming challenge Having a positive attitude Helping others achieve their goals 	<ul style="list-style-type: none"> Making healthy choices Keeping safe Good friendships 	<ul style="list-style-type: none"> How to make friends Showing respects Helping others when they are upset 	<ul style="list-style-type: none"> How we feel about change Understand and respect changes in ourselves and others Looking forward to change
Year 1	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Being safe and special Rights and responsibilities Feeling proud 	<ul style="list-style-type: none"> What is bullying? Making new friends Celebrating difference in my friends 	<ul style="list-style-type: none"> Setting personal goals Celebrating achievements with others Celebrating success 	<ul style="list-style-type: none"> Healthy and unhealthy things Germ, illness and staying safe with medicine Road safety 	<ul style="list-style-type: none"> Understanding different types of family Special qualities in me and my friends Types of physical contact when greeting others 	<ul style="list-style-type: none"> Changes from when you were a baby Boys' and girls' bodies Managing our feelings when things change
Year 2	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Listening to others' contributions Understanding my own actions Helping others feel welcome 	<ul style="list-style-type: none"> Similarities and differences in how some may treat boys and girls Understanding bullying is about difference Celebrating difference 	<ul style="list-style-type: none"> Perseverance in tough times Recognising who we work well with Approaching a challenge as a group 	<ul style="list-style-type: none"> Understanding feeling relaxed Having a healthy relationship with food How nutritious food makes us feel 	<ul style="list-style-type: none"> Exploring safe physical contact Recognising conflict with others Keeping secrets 	<ul style="list-style-type: none"> Becoming more independent Physical differences between boys and girls Different types of touch
Year 3	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Being responsible Understanding how our actions affect others Making responsible choices 	<ul style="list-style-type: none"> Witnessing and solving unkind behaviour Words that cause harm Giving compliments 	<ul style="list-style-type: none"> Motivation and enthusiasm for change Dreams, ambitions and obstacles 	<ul style="list-style-type: none"> Healthy balanced diets Feeling safe or unsafe and what to do about it Understanding how amazing our bodies are 	<ul style="list-style-type: none"> Solving problems in relationships with others Showing empathy Showing appreciation 	<ul style="list-style-type: none"> How babies grow and develop Changing bodies – inside and outside Stereotypes

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Year 4	<ul style="list-style-type: none"> Being a school citizen Democracy, rights and responsibilities Democracy in our school community 	<ul style="list-style-type: none"> Judging appearances and first impressions Problem solving in bullying situations Accepting others as they are 	<ul style="list-style-type: none"> Having hopes and dreams Managing and overcoming disappointment Resilience and setting new goals 	<ul style="list-style-type: none"> Having different friendship groups Smoking Alcohol Healthy friendships 	<ul style="list-style-type: none"> Feeling jealous Memories Getting on and falling out Girlfriends and boyfriends 	<ul style="list-style-type: none"> Having a baby and parenthood Puberty and menstruation Making changes in your life
Year 5	<ul style="list-style-type: none"> Being a citizen of our country Rewards and consequences of our behaviour How an individual has an impact on a group 	<ul style="list-style-type: none"> Racism Knowing when someone is being bullied Types of bullying Material worth 	<ul style="list-style-type: none"> Jobs and careers Dreams of others from different cultures Supporting others 	<ul style="list-style-type: none"> Smoking Alcohol Being physically active Body image 	<ul style="list-style-type: none"> Building our own self-esteem Being safe online Our relationship with technology 	<ul style="list-style-type: none"> Body and self-image Puberty Conception Looking ahead to change
Year 6	<ul style="list-style-type: none"> Being a global citizen Having a voice Consequences and choices in our own actions 	<ul style="list-style-type: none"> Our attitude towards others Why bully? Celebrating difference 	<ul style="list-style-type: none"> Assessing if we have reached our goals Helping to make a difference How others feel about me 	<ul style="list-style-type: none"> Drugs Exploitation and gangs Emotional and mental health Managing stress and pressure 	<ul style="list-style-type: none"> Strategies to manage mental health Power and control Using technology responsibly 	<ul style="list-style-type: none"> Puberty and looking after yourself physically and emotionally Babies- conception to birth Friendships and relationships