

The following table summarises key local and national services that parents and carers can access for support, advice, and activities relating to children and young people with Special Educational Needs and Disabilities (SEND).

Wokingham Borough Council Special Educational Needs and Disability Service supports children and young people with SEND aged 0 to 25.

<https://www.wokingham.gov.uk/children-families-and-young-people/send-local-offer/help-learning/education-health-and-care-plan-ehcp/send-service>

email: sen@wokingham.gov.uk phone: 01189 746 000 (option 5)

Service Name	Main Support Offered	Who is it for?	How to access the service/ support?
ASD Family Help	Advice, information, drop-ins, workshops, social activities and teen life skills for autism and neurodiversity	Families if children with autism or neurodiverse needs	Website and local drop-in sessions https://asdfamilyhelp.org/
Autism Berkshire	Helpline, events, workshops, accessible leisure activities, training for parents	Children and families affected by autism	Website and helpline https://www.autismberkshire.org.uk/ 01189 594 594
ASSIST Team	Autism-related workshops, information, targeted family support and 1:1 support via MASH	Families of learners up to 18 with or awaiting autism diagnosis	Referral or contact through MASH Wokingham Brough Council website
Berkshire West Autism and ADHD Support Service	Advice, guidance, signposting and workshops on autism/ ADHD	Families of learners up to 25 with autism/ ADHD	Through Autism Berkshire https://www.autismberkshire.org.uk/ 01189 594 594

Early Help Service	Early support to prevent family difficulties escalating: parenting support	Families with emerging challenges	Referral via Wokingham Borough Council
Family Lives	Free, confidential support for parenting issues via helpline and website	Parents/ carers of children with SEND	https://www.familylives.org.uk/ 0808 800 2222
FIRST (Family Intervention Resources & Support Team)	Workshops and training on sleep, anxiety and behaviour	Parents/ carers of children with disabilities	Referral via Wokingham Borough Council
Emotional Wellbeing Hub	Single access point for mental health advice, signposting and peer support (Tellmi app)	Learners up to 19 (up to 25 with SEND) and their families	Self-referral via Wokingham Brough Council
Mind	Resources for parenting and mental health		
Me2Club	Volunteer 'buddies' to support children to join mainstream activities and clubs	Ages 5-19 with additional needs	Direct application to Me2Club https://me2club.org.uk/
Promise Inclusion (PINC)	Support and activities for children and adults with learning disabilities or autism; sibling and family support	Families of children with learning disabilities / autism	Website and referral https://promiseinclusion.org/

Parenting Special Children	Advice and workshops about sleep, autism, ADHD and trauma	Parents and carers of children with SEND	Website https://parentingspecialchildren.co.uk/
SEND Family Support	Provides online resources and events	Families of children with SEND	https://sendfs.co.uk/
SEND Voices Wokingham	Parent Carer forum providing representation, guides and events	Parents and carers of children with SEND	Website https://www.sendvoiceswokingham.org.uk/
SENDIAS Wokingham	Independent advice and support around SEND rights, EHCPs and processes	Parents and carers of learners up to 25	Self-referral via website https://www.sendiasswokingham.org.uk/
Beacon House	Trauma- informed resources, training and therapeutic support	Families affected by trauma or attachment needs	Free resources online https://beaconhouse.org.uk/
Wokingham Directory of Services-	clubs and organisations	All families in Wokingham	Wokingham Directory