

Extended School Provision - Sport

We are very proud of the wonderful choice of clubs open to the children at The Coombes, both within the curriculum and beyond, and hope that there is something for everyone. These clubs are run by a dedicated team of teachers and coaches. The wide range of activities are all part of a core philosophical aim to broaden children's learning and to value a breadth of achievement.

Our aim is to help and encourage the children to find their personal strengths and provide a broad experience of learning in all its forms. All clubs run by Coombes employees are free of charge and those run by outside agencies are available at a small cost.

Application Process – Applying for Clubs

At the beginning of every new term, a letter is sent home with the list of clubs on offer that term including all details of dates and year groups. This allows time for both children and parents to choose which clubs and day's best suit their needs. They are then asked to rank the clubs they wish to take part in, in order of preference one being their first choice, two their second and finally three as their third choice. A club sign up form is given to each class teacher to complete, whereby your child's choice will be clearly labelled.

It is then the job of the Sports team to allocate at least one club per child. Where space allows there is a possibility children will be allocated space in more than one club.

The child will then receive a letter to confirm his/her place in the club. The letter will include all details of dates, times, locations, kit requirements and where they can be dropped off or collected from after each club starts/finishes. At the bottom of the confirmation letter is a slip to be signed by parents/guardians and returned to the office. This is to confirm that permission is given to attend the club(s) assigned.

All clubs take place before and directly after school finishes and are over by 4.30pm (or slightly earlier), All clubs take place on the school premises and parents are responsible for getting their children to and from clubs.

The range of activities vary dependant on the time of year. Such as Tag Rugby is predominantly an Autumn term sport, whilst sports such as Cricket and Athletics take place during the summer term. So keep an eye on the website for any changes to the clubs available.

Clubs are run three times a year on a two term basis: Terms 1 & 2, September - December; Terms 3 & 4, January - March; Terms 5 & 6, April - July. This is so that children can try out different clubs throughout the year. Some clubs are open to different Year Groups for each two-term period. Clubs normally start the second week of term.

An updated timetable for the new term will be published on the school's Sports noticeboard and is available on this webpage.

Procedure for waiting list

If a particular club is over-subscribed a waiting list will be drawn up of children who express an interest to take part in that particular club. Once a space becomes available for whatever reason, those names will be put in a hat and chosen at random.

If your child doesn't have a club at the time clubs are issued due to a change of circumstances, then they will be given first refusal before the drawing of a name.

Changing Procedure

Morning Clubs – Children are asked to come to morning club already changed due to limited time in the hall before registration. If for whatever reason that haven't come to club already changed they will be asked to change in their own classroom or alternatively the toilets closest to the hall.

After-school Clubs – There are two classrooms which are adjoined and are used for after-school clubs, Maple (Chris Huntley) which is used as a boys changing room and Ash (Sam Lawless) as a girls changing room.

Procedure for Non-Attendance

If, for any reason a child cannot attend a session, it is important that either Ben/Mark or the school office is informed. This is to ensure the safety and whereabouts of the children at all times and avoids unnecessary phone calls.

Cancellation of clubs

All sports clubs that rely on outdoor facilities may be cancelled due to very poor weather and we do our best to give you the maximum notice possible. Where the notice is too short we do our best to make some provision indoors as Health and Safety allows.

Clubs may also be subject to cancellation if the member of staff is ill or at a competition and the club cannot be covered by another member of staff. Any cancelled activities will be notified by telephone and via the school website.

Kit for Clubs

The participation of PE is highly regarded at The Coombes for sporting achievement as well as promoting healthy living and cooperative working. We feel we offer the children a good range of activities which they will enjoy and will help them to be more active and also develop a broad range of skills. In order for the children to take part in, and benefit from, these activities we need your support by helping to ensure the children have the correct kit.

For health and safety reasons children must change for PE. You will be informed of the days on which your child does PE.

Sports Kit will change like the seasons and therefore should be appropriate for the time of year and the activity.

Kit for different occasions (Weather/Sport)

PE – Indoor Kit	Games – Outdoor Kit	Swimming
T-shirt (White)	T-shirt (White)	Swimming Shorts – No below knee
Dark Shorts	Dark Shorts	Swimming Costume (1 Piece)
White Socks	Jogging Bottoms	Swimming hat
Pumps/Trainers	Sweatshirt, a hooded top, or a light sports or rain jacket	Towel
	Trainers/Studded Boots	Goggles (Optional)
	Sun Hat	Drawstring Bag

We recommend that PE kits are kept at school to allow for changes at short notice and be taken home at the weekend to wash and returned at the start of a new week. Whilst swimming kits should be taken home on the day they are used.

As you can appreciate most children's uniforms will be very similar to those of other children. We would therefore ask that all items being brought into school be clearly marked or named for ease of identification should anything get lost or simply mixed up.

Should a child forget their PE kit on a one off occasion, we have some spare kit to lend them. If a PE kit is repeatedly missing then the child will be unable to participate and given a verbal reminder to bring their PE kit into school, in addition to their class teacher being notified.

Jewellery

When playing, running about or working it is all too easy for something to catch on an earring/watch and cause a serious injury therefore the following should be noted:-

- Earrings must be removed for PE and games or taped up securely.
- Watches must be removed before taking part and remain the child's responsibility.
- Bangles/Bracelets must also be removed prior to participating.

Hair

During PE and clubs long hair must be tied back, so please make sure that your child has some spare hair ties with them on the days they participate in activities.

Please note that these measures are taken in the interests of children's safety and well-being and are in accordance with the Local Authority's, and national, Health and Safety Guidance.

Facilities

We have a fantastic playing field and playground suitable for a range of sports throughout the year.

Autumn Term Timetable – Monday 16th September – 13th December 2013

DAY	AM (8.15-8.45)	PM (3.30-4.30)
Monday	Benchball 3/4	Tag Rugby 3/4
Tuesday	Dodgeball 5/6	Tag Rugby 5/6
Wednesday	Dance 3-5	Cross Country 3/4
Thursday	Cricket 6 Only	Cross Country 5/6
Friday	Cheerleading 3-5 (8.00-8.45)	Basketball 5/6

Should you have any questions relating to any of the above activities or information provide then please do not hesitate to ask any member of the P.E. staff.